

# Alumni Spotlight: Jenny Hickman Fyfe

For as far back as she can remember, Jenny Hickman Fyfe recalls her love for books, crediting her love of writing with her lifelong passion for reading.

Though Jenny was an avid reader as a child, when she reached high school, reading sometimes took a back seat to other activities. Jenny played not only for Southern High School Girls Soccer, she also played for Arsenal soccer, and these two soccer teams created a schedule occupying three full seasons of the year. Between her busy sports schedule, her work shifts at Lakeside Creamery, and her discovery of boys, Jenny did not quite have the time to do much reading during her high school years.

Writing in high school, on the other hand, became a different experience. Challenged by English teacher, Ms. Spiker, Jenny found herself exploring new avenues for expression and research. Sometimes the teacher would give the class a statement or a quote and expect the class to provide discourse about the statement. Other times Ms. Spiker would provide specific limits or expectations and ask her students to write only within those boundaries. Jenny was impressed by how these guidelines took her writing to newer levels, constantly making her think outside of the box.

Following her high school graduation in 2002, Jenny started her college years at Frostburg State University where she says she now had more time to read. She also discovered that she was really quite good at technical writing.

In the fall of 2005, Jenny traveled to Mary Immaculate College in Limerick, Ireland where she studied abroad for a semester. Another FSU student who traveled

with her for this semester abroad was her good friend Megan Burner Paulk, also a 2002 Southern High School graduate. While there, Jenny also met and started dating a young Irish musician, a young man who would play a significant role in her life. Jenny returned to the United States to graduate from Frostburg



State University in 2006. Her degree in Business Administration with a concentration in marketing, proved to be a good background for her career as an author.

After graduation from FSU, Jenny moved to Ireland to live for six months. On her return to the United States, she got a job in Hagerstown at Aerotek, a recruiting company where she had a job recruiting for other companies. Jenny then moved to Fort Ashby for a year before relocating to Nashville, Tennessee. In Tennessee, she worked as a “traffic manager” for an advertising company known as C.J. Advertising. This job involved sending commercials to T.V. producers and helping to schedule their rotations.

It was during a summer vacation

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Jenny Hickman Fyfe, Class of 2002, Southern High School athlete.

*Fyfe, continued from inside flap*

at the beach that Jenny became inspired to write her first story. In need of another book to read, her mother loaned her a romance novel, and after reading it, Jenny realized that not only did she enjoy reading this genre, she believed she could also write that type of book. For her, the criteria for writing is that her stories have love as the central theme and that no matter the problems or conflicts within the story, love will prevail and the main characters will experience a happy ending.

She started writing in 2009.

In 2012, Jenny married Jimmy Fyfe, the Irish musician she had met during her study abroad, and, following their marriage, she decided to move to Ireland. She also published her first book, *The Mirrors of Barnard Hall*, a story based on a dream she had about time travel in which mirrors served as portals. Between 2012 and 2013, Jenny wrote two more novels, *Semester of Thursdays* and *Flight Risk*.

And then Jenny took a break from writing in order to have two children. Her son, Colin, will be eight years old in September and her daughter, Lilly, turned four in January.

With her return to writing, Jenny finished *PAN* in 2018. Her friend, Megan Burner Paulk, wrote the song “Neverland” used in the trailer for *The PAN*. Somewhere in the writing of *The PAN* Jenny knew she needed to move the story forward with a second book, and hence, *The HOOK* was written. Both books were published in 2020 by Midnight Tide Publishing. She then moved those book’s characters forward into a third and final story, *The CROC*. Published on July 14, 2021, *The CROC* creates the third book in *The PAN* Trilogy. These three books create a more contemporary form of *Neverland*, using science and genetics to explain how people can fly and live forever.

A new series will be released in November 2021, and with plans to write more books, Jenny hopes to stay in this genre for as long as possible.

Today Jenny and her husband and two children live in Newport County, Tipperary, Ireland, near Limerick. They are also frequent visitors to the United States, traveling one or more times a year to spend time with her family here.

Jenny’s advice to today’s student is this: “Don’t be afraid to be bad at something. The only way to get better is to work at it.”



## Southern Garrett High School Alumni Association

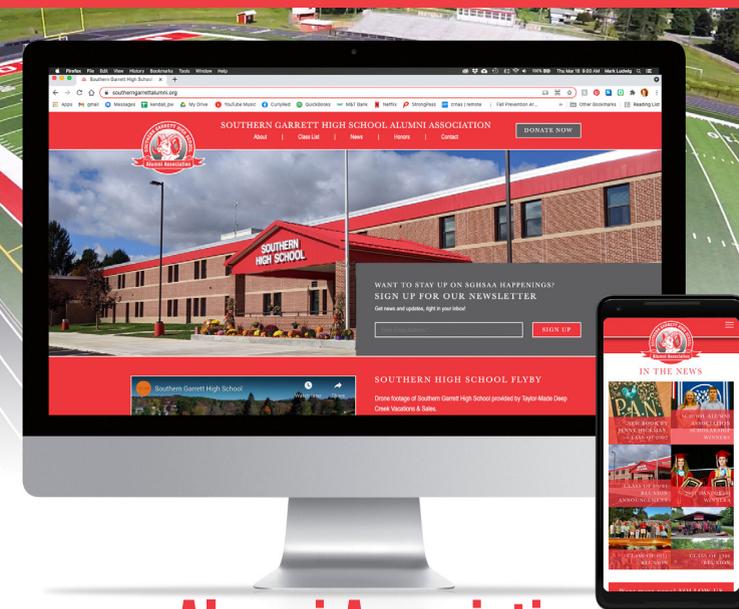
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## SOUTHERN GARRETT HIGH SCHOOL ALUMNI ASSOCIATION



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# ANNUAL REVIEW



## Alumni Association Launches Website

The Southern Garrett High School Alumni Association recently launched its website. It is accessible at [southerngarretalumni.org](http://southerngarretalumni.org). It features a host of Alumni Association members, a history of the school, current news at the school and with the Association. It also facilitates donations and payment of Association dues. An incomplete list of Danforth winners is included. Please check it out!

## ALSO IN THIS ISSUE

Field House Campaign • Danforth Recipients  
Jenny Hickman Fyfe • SGHSAA Hall of Fame • Class of 1962 Prank • and more!

STAY UP TO DATE BY FOLLOWING US ON FACEBOOK!

# SGHSAA to Help with Field House Campaign



Great excitement is building at Southern as the work begins on the final part of the Athletic Complex. We featured the new field in the previous newsletter.

This past fall, it provided a wonderful new venue for football, soccer, youth football and band performances. Earlier this Spring, the track team enjoyed a state of the art environment for their competitions.

The only piece missing is a Field House, which would house ticketing, locker rooms, halftime room, restrooms and the Lions concession stand. Fundraising for this vital project is underway, and all alumni are encouraged to support it. Contributions can be made on the SGHSAA website at [southernalumni.org](http://southernalumni.org).

## Hana Nazelrod and Brogan Kealy are Danforth Recipients

The Danforth Award has long been a Southern tradition as old as the school itself. It is given to one female and one male student in recognition of their academic performance, personal integrity, balanced lifestyle, leadership potential, and community service.



Hana Nazelrod was selected as this year's recipient. While a student, she played soccer, basketball and softball and excelled in the classroom. She is also active in 4-H, and has served as a counselor. She is now a student at Frostburg pursuing a degree in Art & Design, with an eye towards teaching. She cites retired teacher Doug Oxford as an inspiration during her years at Southern.

The male recipient was Brogan Kealy. In addition to being named Valedictorian, he was a standout athlete, participating in track,

*continued inside*

# Three Inducted into Hall of Fame

The Southern Garrett High School Alumni Association has named three distinguished alums to the Southern High School Hall of Fame. The Hall was initiated by the Association in 2012 as a means of recognizing outstanding graduates who have exemplified the best of Southern through their achievements and service to others. It also serves to inspire current students to persevere towards the achievement of their own goals.



## Dr. Dona Alvarez

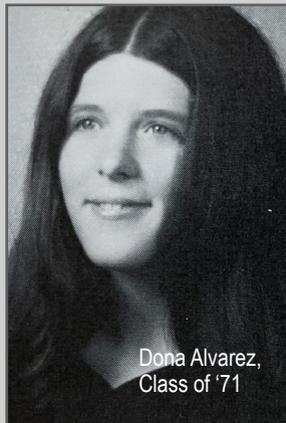
Dr. Dona Alvarez is a board-certified orthopaedic surgeon who grew up in Oakland, Maryland. She graduated from West Virginia University and completed her medical training there as well before joining her father, Joseph Alvarez, MD, the first general surgeon in Garrett County, to start an orthopaedic practice. She has had a diverse experience

with the practice of orthopaedics. Her practice involves a wide range of specialized care including joint replacement surgery, joint arthroscopy, rotator cuff repair, carpal tunnel release and treatment of trauma/fractures.

She is very proud to be a part of the expansion of services available at the Garrett Regional Medical Center. Her goal is to maintain and expand orthopaedic services in this region.

Additionally, Dr. Alvarez is a Fellow of the American Academy of Orthopaedic Surgeons. She is a member of American Medical Association and the American Board of Orthopaedic Surgery. Dr Alvarez volunteers in numerous areas such as the Garrett County Animal Issues Advisory Commission, Garrett Countians for Smart Growth, and serves on several boards at Garrett Regional Medical Center.

Also, Dr. Alvarez has served the Central American Medical Outreach (CAMO) for many years in one of the poorest regions in the western hemisphere in Central America. She continues to work with this organization by collecting medical equipment and supplies for shipment to Honduras.



Dona Alvarez,  
Class of '71



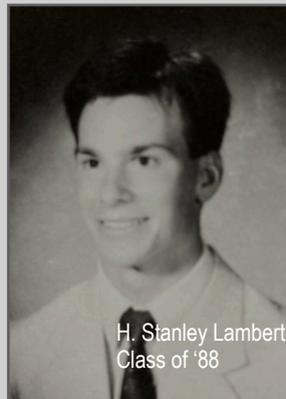
## H. Stanley Lambert

H. Stanley Lambert is a 1988 graduate, whom, during his time at Southern, excelled in academics and played basketball and golf all four years. He was the Garrett County representative on the Governor's Maryland Youth Advisory Council, and was also presented with the Hugh O'Brien Youth Leadership Award. He was the County representative for Flag Day, traveling throughout the state.

Following Southern, he attended the University of Maryland, where he graduated Phi Beta Kappa. He continued on to medical school of the University of North Carolina, graduating in 1997, and then onto a residency focusing on internal medicine at the University of Virginia.

He completed his studies at Duke University, specializing in Diagnostic Radiology. Throughout his studies, he was recognized for his leadership and dedication, being named as Intern teacher of the Year in 1998, and Chief Resident of Radiology at Duke University Medical Center. He is certified in nine states.

He returned to his hometown in 2004 to create Oakland MRI Center, and indispensable healthcare service for the area. He currently serves as president of both the Garrett Regional Center Medical staff and the Garrett County Medical Society. Lambert is also an active member of the Garrett Regional Medical Center Foundation.



H. Stanley Lambert,  
Class of '88



## Richard (Dick) E. Stuck

Richard (Dick) E. Stuck is the oldest of five sons of the late George and Jean Stuck. Dick grew up on 2nd Street in Oakland. He has been married to Ellen Coddington Stuck from Friendsville for 57 years. He has two children, Steven and Tracy Stuck and three grandchildren: Claire, Matthew, and Hannah.

At age fifteen, Dick earned the prestigious Eagle Scout award from the Boy Scouts of America. Dick graduated from Southern High School in 1961. He was the president of the Student Council and received the Danforth "I Dare You" Award.

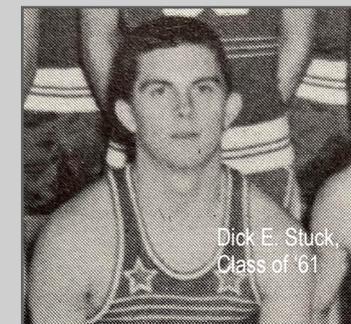
Dick excelled in sports at Southern. He was a three-sport starter in football, basketball and baseball. He played quarterback and defensive back on the football team, was the point guard on the basketball team and a shortstop and pitcher on the baseball team. In his senior year in 1961, the basketball team made a magical run to the Maryland State Finals. Dick has been named to the Southern High School Football Hall of Fame and was named one of the top 50 basketball players in the history of Southern High School.

Dick was recruited to play athletics at Bethany College. He was a four year starter as defensive back on the football team as well as a four year starter as third baseman on the baseball team. He also played one year of basketball. As a college senior, he received the Best Athlete Award as well the award for the Athlete with the Highest GPA. He was the captain of both the football and baseball teams and the President of the Varsity B Club. In 1965 at his graduation, he was presented with the Francis O. Carfer Award, which is

presented to the senior who has made the most outstanding contributions to the college during their four years. In 1995, Dick was inducted into the Bethany College Athletic Hall of Fame for his football and baseball accomplishments.

After graduating from Bethany College, Dick worked for Exxon for thirteen years in various positions in the marketing department in Pittsburgh, PA and then Baltimore, MD. In 1977, he and Ellen purchased Jacobs Petroleum Products in Waynesburg, PA. At that time the company was an Exxon Distributor that employed four people. Under Dick's leadership and the leadership of his wife Ellen and son, Steve, the company now employs over 125 people and does business in four states. In 1989, the purchase of the Oakland Oil Company in Oakland, MD fulfilled a dream of Dick's to own and operate a business in his hometown. The company which operates under the name of Stuck Enterprises, Inc., now includes the distribution of fuel products, lubricants, propane as well as owning and operating a chain of convenience stores.

Dick has devoted much of his time coaching many teams and attending many of the events his children and supporting them in every aspect of their lives. He has also been a major supporter of his three grandchildren. Dick has also contributed much to the communities where he has lived both through personal contributions and by contributions from Stuck Enterprises. In the early 1980's Dick led a fundraising campaign that raised the funds needed to install lights at the Waynesburg Central High School football stadium. Locally, Dick is especially proud of the major donation given toward the construction of the Cancer Center at Garrett Regional Medical Center.



Dick E. Stuck,  
Class of '61



## Class of 1962 Prank

by Porter Welch,  
1962 Class President

*Turning the clock back nearly sixty years, we find that students then had the same mischievous streak found today. Porter Welch, the 1962 Class President (and Danforth recipient) shares this story:*

One morning in the spring of 1962 our principal, Kenneth Johns completed the morning school messages to the student body over the intercom and then requested a meeting of all graduating seniors in the cafeteria.

Principal Johns and Vice Principal Carl Everly entered the room of assembled seniors and explained that a person or persons had written "class of '62" in light green paint on the red brick surface of the school building. All senior class activities were being cancelled until the administration was informed about the identities of the perpetrators. They left the room with the class president in charge to conduct a discussion about the situation.

The class president then asked the classmates how the matter should be resolved. It was decided that the responsible party or parties should be given the opportunity to turn themselves in by the end of the school day and if they did not report to the administration that two rumored names circulating in the school would be given to the principal.

The two classmates responsible did in fact turn themselves in to the administrators. They also named one underclassman who had participated in the prank. They had to remain in school with the rest of the grades (seniors got out earlier) and perform community service for the school which included paying to have the graffiti removed by sand blasting and painting the white fence posts around the school that separated the parking areas from the lawn.

It was noted that on the base of one of the fence posts which were set in cement was written "class of '62" in white paint! One of the participants became a minister and the other a helicopter pilot. Boys do eventually grow into men.

*Danforth, continued from inside flap*

cross country, tennis, soccer and as a state finalist in wrestling. He was also a mock trial participant. He plans to pursue a degree in Environmental Science, and thanks Mr. Beeman for inspiring him to pursue a career in science.

A list of past Danforth recipients can be found on the SGHSAA website, [southernalumni.org](http://southernalumni.org). Admittedly, the list is incomplete, and if you know of recipients not listed, please contact us.

